

Maree Beadle

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Advanced Skin Therapist Specialising in Skin Therapy, Electrolysis and IPL Rejuvenation and Hair Removal Treatments

Your Therapist: Maree Beadle

Member of NZ Beauty Association of Registered Beauty Therapists
National and International CIBTAC Beauty Diplomas
ITEC Diploma in IPL (Intense Pulsed Light) and Laser Therapy
National Certificate in Electrolysis
Advanced training certification in Collagen Induction Therapy
(dermal rolling)
Diploma of Nutrition
Certificate in Reflexology
Certificate in Primary Herbal Medicine

Stockist of:



Truderm Glow LED Light, an innovative at home led mask approved and specifically designed to treat all skin conditions, is available for sale.



Electrolysis

15 min	\$25
20 min	\$30
30 min	\$42
45 min	\$60
60 min	\$80

Every 10th visit receive a 10% discount.
Refer a friend and you get \$10 off your next treatment and your friend gets \$10 off her first treatment.

IPL – Hair Removal

Upper Lip	\$35 - \$40
Chin	\$45 - \$65
Sides of Face	\$80 - \$100
Underarm	\$90
Linea line	\$45
Basic bikini line	\$95
Bikini extended	\$115
Brazilian	\$160
Buttocks	\$160
Arms half	\$150
Legs lower	\$335
Legs upper	\$350
Legs upper–front or back only	\$150
Legs full	\$650
Feet and toes	\$45
Chest	\$140 - \$170
Shoulders	\$120
Back half	\$220
Back & shoulders	\$320 - \$350

Buy 6 treatments and the 7th treatment is complimentary.

IPL – Skin Rejuvenation

Full face	\$250
Full face & neck	\$300
Full face, neck & décolletage	\$350

Broken Capillary/ Vein/ Vascular/Pigmentation

Treatments: IPL for these treatments involves a single pass of the IPL machine.

Full face	\$250
Cheeks & nose	\$200
Spot	from \$70
Hands	\$200
Pre-pay 3 treatments and receive the 4th for half price.	

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Results Driven Facial Treatments

Results Driven and Skin Corrective Environ Facials are customised specifically to meet each client's individual needs. There are many treatment options available here at Nourish and these can be discussed during your skin consultation with Maree or decided on the day of your treatment once Maree has assessed your skin and chosen the correct treatment for you.

Refresh Pick Me Up

A facial for those with limited time. A perfect pick me up for an instant boost.

30 min \$90 with LED add on \$120

ProBiotic Boost Facial

A soothing probiotic facial for all skin concerns. Ideal for clients new to professional treatments or when a peel is contraindicated.

55 min \$135

Nourish Tranquillity Facial

Drift away into complete relaxation, this journey starts with an aromatic foot soak then sink into a warm bed, we start off with a foot and leg massage followed by a deluxe facial full of exquisite oils, serums and collagen boosting masques and creams all layered upon each other. Delight in a scalp massage whilst the masks soak into your skin. This facial is truly indulgent and will leave your complexion luminous, dewy and nourished.

75 min \$165 with LED add on \$190

Skin Peel Facial Booster

Skin peels are a fantastic technique used to improve the texture and tone of the skin. When a skin peel is applied it removes dead skin cells to reveal a fresh new layer of skin and delivers moisture to the deeper layers, leaving softer, clearer looking skin. We have a variety of peels that can be used based on the needs of your skin on the day of treatment. Skin peels help to improve your skin's ability to hold moisture and to help with the production of more collagen. Our range includes Uber Pro Mandelic, AOX Vitamin A Overnight, Lactic, Pumpkin, Oxygenating Enzyme, and Bio White.

30 min \$125



ENVIRON®
stockist

Environ treatments and products are designed to enhance penetration of active ingredients into the skin to improve hydration, the appearance of sun damage, fine lines and acne as well as stimulate collagen & elastin production. Environ is based on vitamins A,C,E, Beta Carotene and powerful antioxidants - all essential for healthy youthful looking skin for a lifetime.

Environ Introductory Facial

Start your journey with a woods lamp assessment of the skin followed by a pampering and relaxing facial that introduces your skin to Vitamin A. This is a bespoke facial created to address your unique skin needs. A full facial and décolletage massage with Environ skin serums and masks then completed with a light application of Jane Iredale mineral makeup to send you off feeling and looking as good as new.

60 mins \$125

Environ Vitamin Touch

A peptide and vitamin-rich treatment to effectively address major skin concerns by improving your skin's overall texture, clarity, and radiance. This hands-on traditional and classical facial boosts your skin with a good dose of vitamins, perfect for those with sun damage concerns. This facial can be upgraded to include a collagen induction treatment if you have your own home roller with you, be sure to discuss this option with Maree at the time of booking.

60 mins \$140

Environ Comfort Calm

Ideal for sensitive, rosacea active, irritated, or any reactive skin conditions this combines powerful smart ingredients to help leave the skin feeling soothed and radiant. LED light therapy add-on for further healing is an extra \$25.

50 mins \$120

Medi Facial

A concentrated and advanced active treatment that combines the relaxation of a spa facial with the results of a clinical skin treatment - customised individually. This is a great option for anyone requiring skin rejuvenation with combinations of skin peels, eye lifting boosters, microneedling or IPL. Clients must be on Environ skincare.

90 mins \$250

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Advanced Skin Treatments

BT Nano Non Surgical Facelift

The ultimate facial toning treatment for aging, wrinkles, sagging skin, and expression lines. This non-surgical facelift treatment lifts and tones, and re-educates your muscles to help you look and feel younger. If you're looking for an alternative to surgery or Botox, this is the perfect option.

Micro-Current Facial Toning, FDA approved and known as the non-invasive face lifting technique. This facial helps with aging and skin laxity by toning, firming, and lifting. It re-educates the facial muscles so a little like a gym workout but for the face. A series of weekly facials are recommended to achieve the best results then you move on to monthly maintenance. Microcurrent facial toning can be added onto any Nourish facial treatment as a specific targeted area eg: neck lifting, eye tightening, and brow smoothing.

Pre-book and pay for your first 4 treatments and receive LED light therapy with your facial.

\$130 for a full micro current toning facial or \$50 as an add on for a specific area.

Dermaplaning

Using a fine scalpel and a delicate touch we simply abrade the surface of the skin using light feathering strokes. This a great treatment for those with excess vellus hair on the skin as this often causes a build up of dirt and oils in the follicles. Dermaplaning is a safe procedure for gentle yet controlled exfoliation while also temporarily removing fine vellus hair (peach fuzz) from the face.

There is no pain or downtime with dermaplaning and the results are immediate. Dermaplaning at Nourish consists of a deep skin cleanse, dermaplaning treatment, serum, moisturiser, and SPF application. A hyaluronic mask or LED can be added to this treatment if you prefer more of a relaxation touch.

It supports:

General skin health

Dull and uneven skin tone

Congestion and dehydration

Penetration of active ingredients from your skincare products

\$89 for a full face without add ons

\$160 with full facial

\$240 with Rezenerate Non Infusion

\$105 with enzyme peel prior to dermaplaning

Collagen Induction Therapy

Skin Needling / Collagen Induction Therapy for firmer tighter skin.

Nourish uses a new German machine that is FDA and TGA approved. With Amiea med Exceed, it is the world's first double FDA cleared automated class 11 microneedling device that has been medically proven to visibly reduce the appearance of wrinkles, skin laxity and uneven skin tone.

- Skin Needling
- Skin Tightening, lifting and rejuvenation
- Acne scars and wounding healing
- Improving wrinkles and fine lines
- Minimising pore size
- Improving stretch marks

Face only \$190

Face & neck \$220

Face, neck & décolletage \$300

Uber Pro Peel add on extra \$40 and includes needling of hands or décolletage

Please ask about package deals. Buy 6 treatments and the 7th treatment is complimentary.

Rezenerate Nano Infusion Elite Facial

The nano fusion pen helps to improve the skin by reducing fine lines and wrinkles, plumping and smoothing the skin's texture, decreasing pigmentation and sunspots, diminishing acne, and providing luminosity to the skin. The microscopic silicone pyramids of the nanopen are much smaller than micro needles creating smaller channels for advanced serum infusion, there is no bleeding and no downtime with this treatment. Suitable for all skin types all year round.

\$165

\$240 with Dermaplaning treatment included

Vitamin A booster overnight peel add on extra \$20

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Pro Dermal Plan Peels

Australian made and owned, chirally correct, chemical & preservative free, organic where possible, naturally based active ingredients, vegan. OCosmedics is all about SKIN HEALTH. In order to ensure a youthful, radiant skin it is important to treat your skin with the greatest respect. The four critical elements to OCosmedics are

- 1: O is based on Corneotherapy
- 2: Is a Biomimetic Delivery System
- 3: Uses functional actives
- 4: Designed to fight five major causes of ageing being collagen breakdown, photo defence, oxidation, inflammation, and glycation.

\$135 Pomegranate Enzyme Peel OR Pumpkin Enzyme Peel

Effective yet gentle peels for all skins and designed to accelerate cellular renewal

\$135 Oxygenating Enzyme Peel

A natural fruit peel with papaya, pumpkin and pomegranate in one, it offers intense oxygenation and skin pick up.

\$145 Bio White Peel

This high strength Vitamin C peel is especially incredible for pigmented, dull, and uneven skin tones. This is a powerful peel that will protect collagen and elastin whilst brightening and whitening pigmentation.

Celluma LED Light Therapy

- Acne
- Anti-Ageing
- Wound Healing
- Pain Management

30 min \$50

Includes a cleanse and treatment moisturiser with mineral makeup application

LED Facial is a gentle, natural, wavelength specific light therapy treatment that heals, detoxifies, hydrates, and stimulates the production of collagen.

This booster treatment can be added to enhance any facial of your choice for an extra **\$25**.

Skin Consultations

\$35 for 30 minutes

Redeemable on purchases over \$100

Gift Vouchers

All gift vouchers can be personalised & individually designed upon request.